

Well Devils Update

March 17, 2014

Sun Devils are Well Devils



Well Devils – Live and Breathe Tobacco Free

On Aug. 1, 2013, ASU joined 800 colleges and universities in protecting its students, faculty, staff and visitors from the health hazards of secondhand smoke. Learn more about [Tobacco-free ASU](#), [review quit resources for students](#) and attend [Kick Butts Day](#).



Is This Ok?

Respect your partner. Talk about what you both want to do. Get consent. Characteristics of healthy relationships include respect, trust, honesty, communication, equality, boundaries, self-esteem and support. Learn more about [Healthy Relationships](#) and [Sexual Consent](#).



Wellness Activities & Events

[Mar. 18 Kick Butts Day, West](#)

[Mar. 19 Kick Butts Day, Downtown Phoenix, Polytechnic, Tempe](#)

[Mar. 19 Creative Coping for Stress Workshop, Polytechnic](#)

[Mar. 20 Dine Healthy Be Healthy, Polytechnic](#)

[Mar. 21-23 Clinton Global Initiative University](#)

[Mar. 23 Out of the Darkness: Campus Walk for Suicide Prevention, Tempe](#)



Well Devils Resources

[ASU Counseling Services](#)

[ASU Health Services](#)

[ASU Wellness](#)

[Sun Devil Dining](#)

[Sun Devil Fitness](#)

[Tobacco-free ASU](#)

*The Well Devils Update is produced by [ASU Wellness](#). For additional information, contact 480.965.4721 or email wellness@asu.edu

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